



**2015 USATF SOUTHERN CALIFORNIA
PULLMAN CROSS COUNTRY GRAND PRIX
GREEN RUNNING EVENTS ECO 8k
At Kenneth Hahn Park, Baldwin Hills (West LA)**

Sunday, October 4, 2015

SCHEDULE OF EVENTS: *The course consists of a mix of asphalt, packed dirt, and grass. Course maps available at www.greenrunningevents.org*

8:00 a.m. **Combined 8k Race**

ENTRY FEES & USATF MEMBERSHIP:	<ul style="list-style-type: none">▪ Pre-Meet Entry Fee (until August 15, 2015): \$20.00/person or \$60.00/four person team▪ Pre-Meet Entry Fee (until October 3, 2015): \$25.00/person or \$80.00/four person team▪ Race-Day Entry Fee: \$30.00 per person (cash only) <p>All competitors, to qualify for Grand Prix points must be, at the time of the event, 2015 members of USA Track & Field. Athletes can register on-line at www.scausatf.org or purchase a USATF membership at the meet for the annual fee of \$30.00.</p>
ENTRY PROCEDURE:	Pre-meet entry deadline is October 3, 2015 . Register on-line at www.greenrunningevents.org .
DIRECTIONS, AWARDS AND OTHER INFORMATION:	<ul style="list-style-type: none">> Directions to Kenneth Hahn State Park: Exit the 10 Freeway at La Cienega Blvd...South on La Cienega past Rodeo Road...the exit ramp to the Park entrance will be on your right. Once past the gate, take the park drive all the way to the top to "Janice's Green Valley." Parking at Ken Hahn is \$6 (cash only) per car.> Prizes for the top 3 male and female overall winners.> Recycled award medals for the top 3 male and female athletes in each 10 year age division through 50+> Race T-Shirt to all participants, raffle, music and food and drinks provided. Bring a pair of running shoes to be recycled and receive an extra raffle ticket.

**Race #4 in the
2015 SOUTHERN CALIFORNIA USATF
PULLMAN CROSS COUNTRY GRAND PRIX
\$4,000 in Individual Grand Prix Prize Money
\$750 Stipend to Club Nationals on December 12, 2015 in
San Francisco and other Team Grand Prix Awards**

Grand Prix Prize Money will be paid three deep individuals in the Men's and Women's Open, Masters (40-49) and Masters (50+). Points are awarded in Open, 40-49 and 50+ for places 1-25 in each of the races with the Championship being worth double. Athletes count their best two results from races #1-#5 along with the Championship result to determine their place in the grand prix. Ties are broken by the higher place in the Championship. Athletes must be current USATF members at the time of each race in order for that race to count toward the grand prix.

For details regarding The Pullman Grand Prix prize money payout, for further individual and team grand prix rules and for entry information for specific races, please visit www.scausatf.org or contact the SCA/USATF Open Cross-Country Committee Chair, Mike Mahurin, at (310) 384-6974 or at openxc@scausatf.org.